PRACTICAL CHRISTIA DIDITIONE

The Role of Wife/Mother in the Family
The Support of the Husband



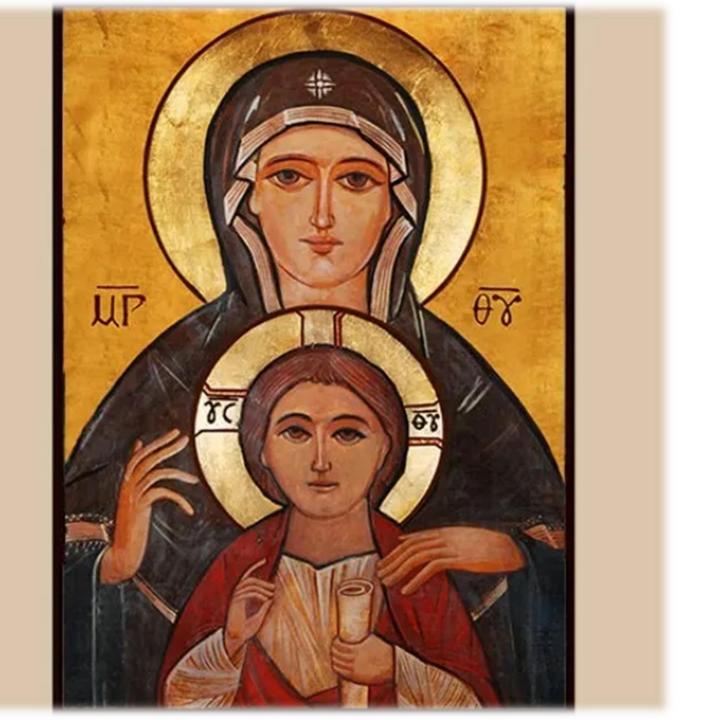


PRACTICAL CHRISTIAN PARENTING

- Principles of Christian Parenting
- Styles of Parenting
- Nourishing Confidence
- Gender Issues
- The Church and Mental Health
- Safety in the Digital World
- 5 Love Languages of Children
- It Starts with You
- Life of Prayer in the Family
- From Fast Food to Fasting
- Leading the Family: role of the man
- Gathering the Family: role of the woman







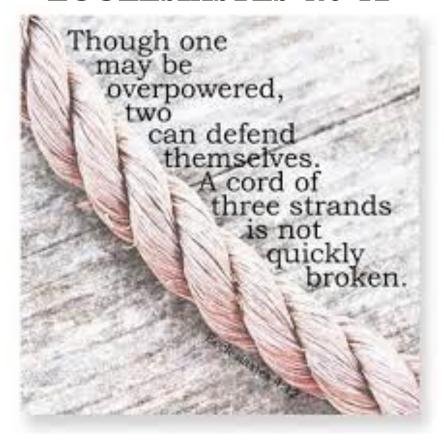




THE MYSTERY OF MATRIMONY TWO BECOME ONE FLESH

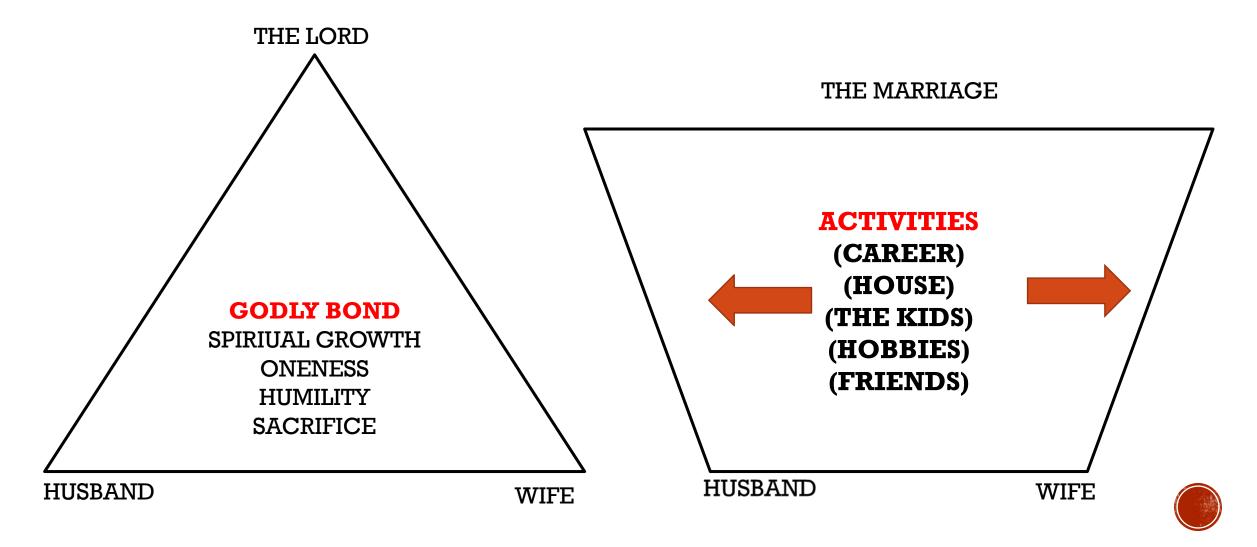


ECCLESIASTES 4:9-12



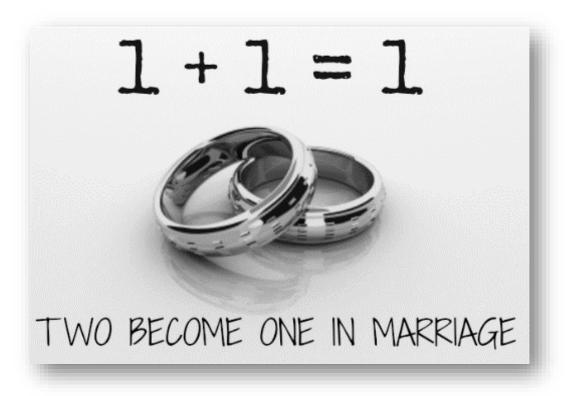


GROWING TOGETHER: TWO MODELS



INDIVIDUALITY - UNITY

Matthew 19:5-6 For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh'? ⁶ So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate."





ROLE OF THE WIFE AND MOTHER

- Proverbs 31 the advice to King Lemuel (belong to God) from his mother
- Who can find a virtuous wife?
 For her worth is far above rubies.
- 22 verses with the letters of the Hebrew alphabet
- 22 virtues of a righteous wife and mother
- Charm is deceitful and beauty is passing,
 But a woman who fears the LORD, she shall be praised.



ROLE OF THE WIFE: COMPARABLE HELPER¹

• Genesis 2:18 "It is not good that man should be alone; I will make him a helper comparable to him."

Comparable:

- Companion
- Counselor
- Coach
- Comforter





ROLE OF THE WIFE COMPARABLE HELPER²

Hebrews 13:5-6
 "The LORD is my helper; I will not fear.
 What can man do to me?"

Helper:

- Biggest Fan
- Encourager
- Facilitator
- Advisor NOT Instructor







ROLE OF THE WIFE: COMPARABLE HELPER³

- Genesis 2:24 Therefore a man shall leave his father and mother and be [k] joined to his wife, and they shall become one flesh
- Leave Cleave Weave
- God blesses separation:
 - Severing dependence
 - Severing allegiance





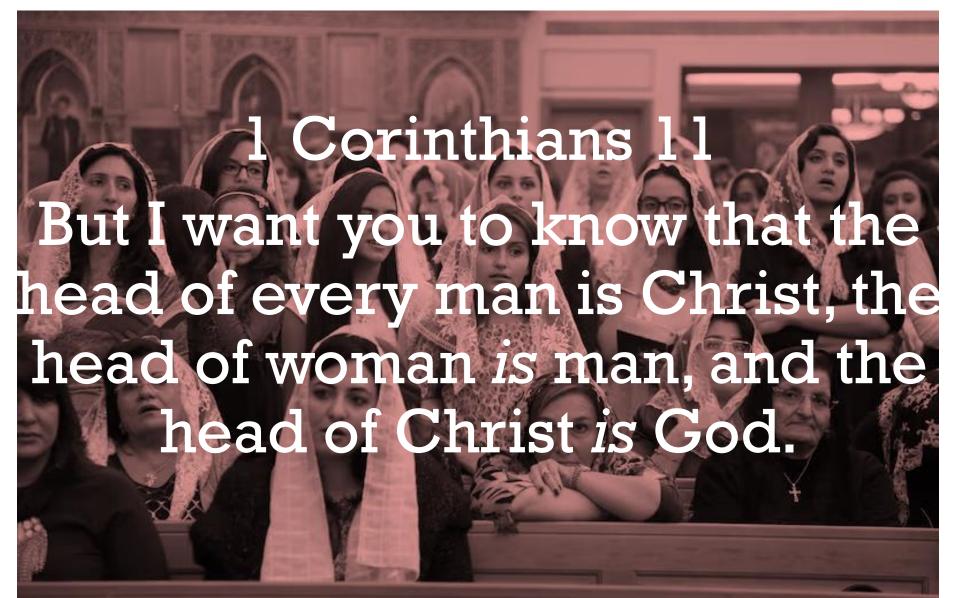
ROLE OF THE WIFE COMPARABLE HELPER⁴

1 Peter 3:1-6

Wives, likewise, be submissive to your own husbands, that even if some do not obey the word, they, without a word, may be won by the conduct of their wives, ² when they observe your chaste conduct accompanied by fear. ³ Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel—⁴ rather let it be the hidden person of the heart, with the [a]incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God. 5 For in this manner, in former times, the holy women who trusted in God also adorned themselves, being submissive to their own husbands, ⁶ as Sarah obeyed Abraham, calling him lord, whose daughters you are if you do good and are not afraid with any terror

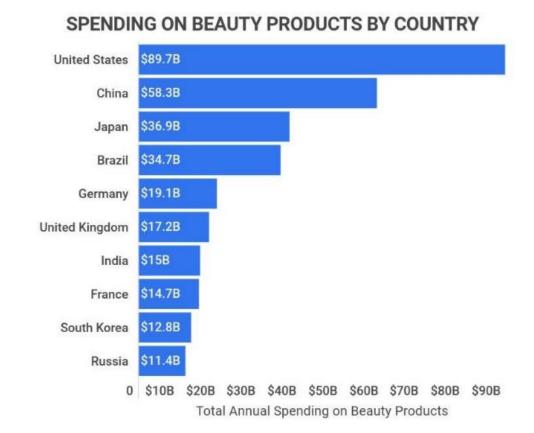


SUBMISSION



AN EFFECTIVE WIFE

- Submissive: humility not inferiority
- Winning over the resistant (Lee Strobel conversion)
- Incorruptible beauty
- Trust in God and Him alone
- Respect (in private and public) (Sarah laughs-Genesis 18)





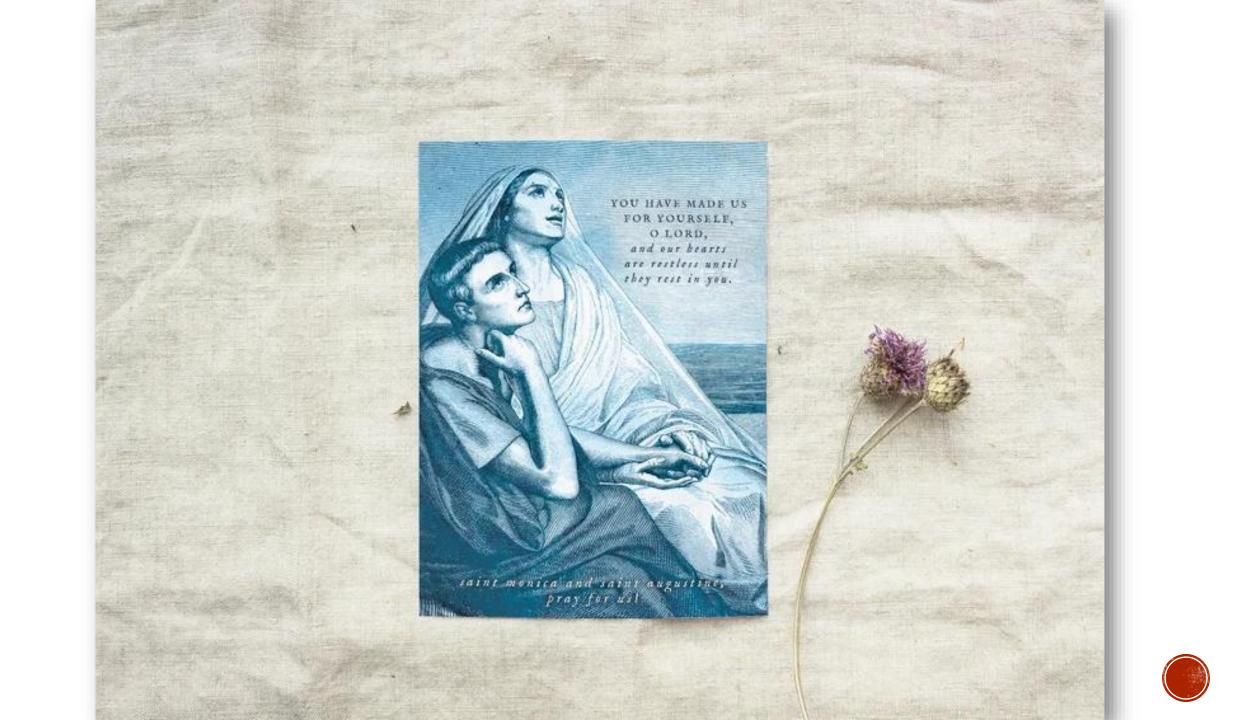
THE IMPACT OF A GODLY MOTHER











1- ROLE OF THE MOTHER: LABOR PAINS!

- Genesis 3:16 "I will greatly multiply your sorrow and your conception;
 In pain you shall bring forth children
- Labor pain is real- no man can take it ☺
- Marks in the body for life (His hands and His side for eternity)





2- ROLE OF THE MOTHER: ACCEPTANCE IN HER EYES YOU ARE PERFECTLY SPECIAL









Auggie Pullman – 10 year old with Treacher Collins syndrome Struggles entering 5th grade Isabel (mom) – his rock Academy Awards 2017



3- ROLE OF THE MOTHER: NOURISHWENT

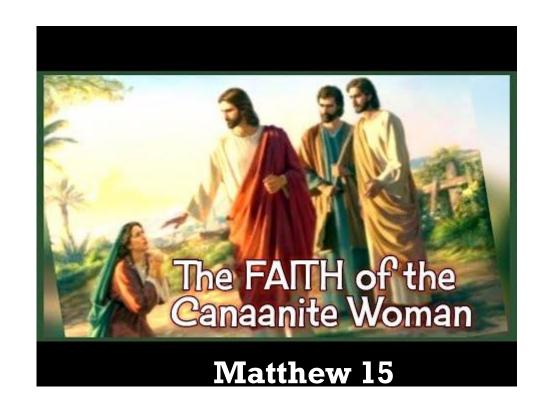
- Psalm 34: Oh, fear the LORD, you His saints!
 There is no want to those who fear Him.
 The young lions lack and suffer hunger; but those who seek the LORD shall not lack any good thing.
- Physical, emotional, spiritual nourishment
- Always ready: grape leaves for breakfast!!





4- ROLE OF THE MOTHER: INTERCESSOR

- Isaiah 59:16 He saw that there was no man, and wondered that there was no intercessor;
 Therefore His own arm brought
 - Therefore His own arm brought salvation for Him; and His own righteousness, it sustained Him.
- 1 John 2 My little children, these things I write to you, so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous.
- Advocate, Intercede for your children with God, with Dad, with the World





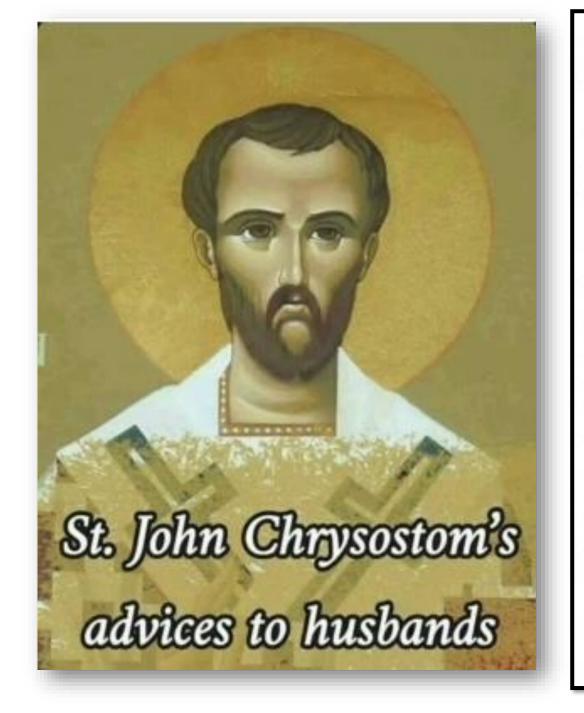
5- ROLE OF THE MOTHER: COMFORTER

- Incredible Ultrasonic Ears!!
 - Daniel in the lions den
 - Jonah in the belly of the fish
 - Even the "blood of Abel"!
- Exams time
- The best premedication prior to surgery: MOM!!



HOW TO BE SUPPORTIVE SPOUSE





St. John Chrysostom's advices to husbands:

+ Never speak to your wife in a mundane way but with compliments, with respect and with much love

+ Tell her that you love her more than your own life, because this present life is nothing, and that your only hope is that the two of you pass through this life in such a way that in the world to come, you will be united in perfect love.

RESPECT

AFFECTION

+ Say to her, 'Our time here is brief and fleeting COMMITMENT but if we are pleasing to God, we can exchange this life for the Kingdom to come. Then we will be perfectly one both with Christ and with each other, and our pleasure will know no bounds. I value your love above all things, and nothing would be so bitter or painful to me as our being at odds with each other. Even if I lose everything, any affliction is tolerable if you will be true to me.'

CHERISH

+ Show her that you value her company, and prefer being at home to being out at the marketplace

PRAISE AFFIRMATION

- + Esteem her in the presence of your friends and children
- + Praise and show admiration for her good acts; and if she ever does anything foolish, advise her patiently.
- + Pray together at home and go to Church; when you come back home, let each ask the other the meaning of the readings and the prayers. If your marriage is like this, your perfection will rival the holiest of monks.

SPIRITUAL BOND



WILLINGNESS TO CHANGE!!!

ROMANS 12

I beseech [a] you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your [b] reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.





LEADERSHIP - AUTHORITY

Ephesians 5:25
Husbands, love
your wives, just as
Christ loved the
church and gave
himself up for her





SUPPORTIVE HUSBAND!

- Colossians 3:18-19 Wives, submit to your own husbands, as is fitting in the Lord. Husbands, love your wives and do not be bitter toward them.
- Show Affection: Discover and feed her love language
- Be Gentle not rough or intimidating





INSTRUCTION TO THE BRIDEGROOM

My blessed son may the grace of the Holy Spirit strengthen you to take unto yourself your wife, in purity of heart and in sincerity. Do all that is good for her. Have compassion on her and always hasten to do that which will gladden her heart. Take care of her as her parents did in love and in humility remembering that you have been crowned by this spiritual and heavenly marriage and confirmed by the grace of God.





SUPPORTIVE HUSBAND²

• 1 Peter 3:7 Husbands, likewise, dwell with *them* with understanding, giving honor to the wife, as to the weaker vessel, and as *being* heirs together of the grace of life, that your prayers may not be hindered.

• Understanding

Honoring

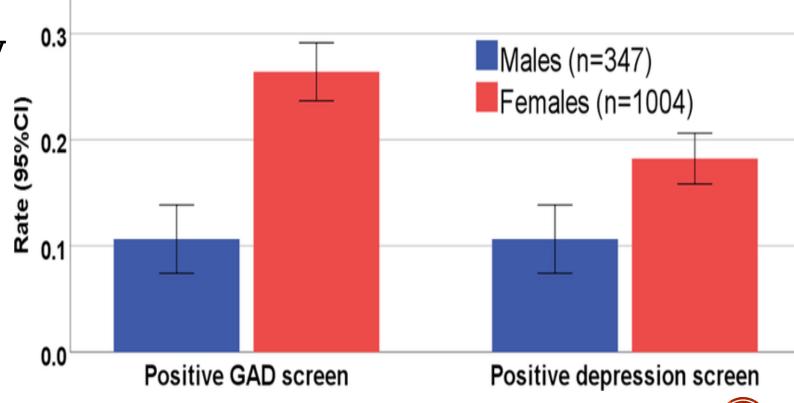
Accepting



THE "WEAKER" VESSEL

- Sensitivity
- Emotional vulnerability
- Seasonal effects
- Husband:
 - Be Gentle
 - Be Patient
 - Be Acknowledging

Gender differences in anxiety and depression scales





THE "WEAKER" VESSEL

- Muscle mass and muscle growth
- Physical stamina
- Hunter/Warrior versus Grower/Nurturer
- Husband:
 - Be Available and Attentive (Recognize)
 - Be Willing (Respond)

Do Men Build Muscle More Easily Than Women? **Here's What Science Says**



Men, on average, have more muscle mass than women do





of sex-based differences in strength come down to muscle size



Women produce between 15 and 20 times less testosterone than men do

Women have more Type 1, or slow-twitch fibers, while men have more Type 2, fast-twitch muscles that power you through explosive feats of strength



However, estrogen – which women produce far more of than men do-also helps maintain and increase muscle mass





SUPPORTIVE HUSBAND³

DO NOT:

ATTACK OR THREATEN – STONEWALL AND WITHDRAW – INTIMIDATE OR PUT-DOWN

AND IF YOU FIND YOURSELF DOING SO:

STOP! APOLOGIZE RECONCILE



THE ROLE OF WIFE/MOTHER IN FAMILY GATHERER SACRED INFLUENCER



Luke 13:34 How often I wanted to gather your children together, as a hen *gathers* her brood under *her* wings, but you were not willing!

